

Updated

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SOAR FOX CITIES

Traumatic Brain Injury Support Program



Traumatic Brain Injury Resource Guide

Traumatic Brain Injury

Whether you are just beginning your brain injury journey or have been experiencing its' effects for years, SOAR Fox Cities Traumatic Brain Injury Support Program is here to help you navigate these resources and reach your goals

A Traumatic brain injury (TBI) is defined as an alteration in brain function, or other evidence of brain pathology, caused by an external force. Traumatic impact injuries can be defined as closed (or non-penetrating) or open (penetrating).

Traumatic Brain Injury Causes

- Falls
- Assaults
- Motor vehicle accidents
- Sports/recreation injuries
- Abusive head trauma (shaken baby syndrome)
- Gunshot wounds
- Workplace injuries
- Child abuse
- Domestic violence
- Military actions (blast injury)

How to Use This Resource List

Navigating the vast resources in our geographic area can be a challenge for anyone. This resource list is made to be a guide to assist survivors and those in their support system. Organized by needs filled, the list is intended to be easily accessible to all who may benefit from it. For more copies of the list, please contact info@tbifoxcities.com.

General Assistance



United Way 2-1-1 provides easy, simple access to health and human services, gives callers an opportunity to get or give help, and serves as a hub for community information in times of disaster. 2-1-1 is available 7-days a week, 24-hours a day and is free and confidential for callers.

Mental Health Crisis Lines

County crisis lines provide 24 hour emergency crisis evaluation and counseling services. This includes problems with: depression; loneliness; family; suicide; housing; financial matters; alcohol or other drugs; sexuality and aging, etc. There is no fee associated with calling the crisis line.

Calumet County Crisis

☎ (920) 849-9317 OR (920) 832-4646
🌐 <https://www.co.calumet.wi.us/293/Behavioral-Health>

Outagamie County Crisis Line

☎ (920) 832-4646 OR (800) 719-4418
🌐 <https://www.outagamie.org/crisis>

Shawano County Crisis

☎ (715) 526-3240
🌐 <http://www.co.shawano.wi.us/departments/?department=e14f815884d3&subdepartment=5c01dabb52fc>

National Suicide Prevention Lifeline

☎ (800) 273-8255
🌐 <https://suicidepreventionlifeline.org/>

Veterans Crisis Line

☎ (800) 273-8255
☎ Text: 838255
🌐 https://www.mentalhealth.va.gov/suicide_prevention/veterans-crisis-line.asp

Waupaca County Crisis Intervention

☎ (715) 258-6300 OR (800) 719-4418
🌐 https://www.co.waupaca.wi.us/crisis_intervention_and_stabilization_services.php

Winnebago County Crisis

☎ (920) 233-7707 OR (920) 722-7707
🌐 <https://www.co.winnebago.wi.us/human-services/divisions/behavioral-health/crisis-services>

Alcohol and Substance Abuse Services

Apricity


Offers support to people with substance abuse

🏠 1010 Strohmeyer Drive, Neenah
☎ (920) 722-2345
🌐 www.apricityrecovery.com

Iris Place

Provides short term home as an alternative to hospital stays

 1213 S. Matthias St., Appleton


 (920) 815-3217


 www.namifoxvalley.org/iris


Benefits & Financial Assistance

Aging & Disability Resource Center – Calumet

Provides resources, referral, and assessment for benefits


 206 Court St., Chilton


 (920) 849-1451


 <http://www.co.calumet.wi.us/index.aspx?NID=158>

Aging & Disability Resource Center – Outagamie

Provides resources, referral, and assessment for benefits


 320 S. Walnut St., Appleton


 (920) 832-5178


 <https://www.outagamie.org/government/f-through-m/health-human-services/adrc>

Aging & Disability Resource Center – Waupaca

Provides resources, referral, and assessment for benefits

 811 Harding St., Waupaca


 (715) 258-6400


 http://www.co.waupaca.wi.us/departments/health_and_human_services/aging_and_disability_resources/index.php

Aging & Disability Resource Center – Winnebago

Provides resources, referral, and assessment for benefits


 211 N. Commercial St., Neenah


 (877) 866-2372

 <https://www.co.winnebago.wi.us/adrc>

Calumet County Human Services

 2306 S. Oneida St., Appleton


 (920) 849-1400


 <http://www.co.calumet.wi.us/index.aspx?NID=157>

Community Benefit Tree

Helps Plan Celebration of Support events to offset medical and living expenses


 2204 Crooks Ave., Ste. C, Kaukauna


 (920) 422-1919


 www.communitybenefittree.org

Community Clothes Closet

Provides FREE clothing to those in need


 1465B Opportunity Way, Menasha


 (920) 731-7834


 www.communityclothescloset.org

Energy Services

Provides grant to pay for energy to low income households

 420 E. Longview Dr. Ste. A, Appleton


 (920) 735-0010

 www.esiwi.com

Financial Information and Service Center

Provides low cost confidential financial advice, budgeting, and debt counseling


 1800 Appleton Rd., Menasha

 (920) 886-1100 or (800) 366-8161

 www.fisc-cccs.org

Fox Valley Emergency Assistance Fund


Provides one time grants to qualifying individuals for emergency assistance


 (920) 702-7611

 www.cffoxvalley.org

LEAVEN


Provides short term emergency financial assistance


 1475 Opportunity Way, Menasha

 (920) 738-9635

 www.leavenfoxcities.org

Outagamie County Health & Human Services

 320 S. Walnut St., Appleton


 (920) 832-4741


 <https://www.outagamie.org/government/f-through-m/health-human-services>

Social Security Administration


Assists with Social Security benefit information and application


 607 W. Northland Ave., Appleton

 (920) 739-6862

 www.ssa.gov

Winnebago County Human Services

 211 N. Commercial St., Neenah

 (920) 727-2882


 <https://www.co.winnebago.wi.us/human-services>


Domestic Abuse Services

Christine Ann – Domestic Abuse

Provides emergency shelter, 24-hour help line & survivor support services


 206 Algoma Blvd., Oshkosh


 (920) 235-5998

 www.christineann.net

Harbor House – Domestic Abuse

Provides 24-hour crisis line, emergency shelter, crisis counseling, legal advocacy, and group support.

 720 W. Fifth St., Appleton

 (800) 970-1171


 www.harborhousewi.org


Brain Injury Information/Education

Brain Alternative Rehabilitation Therapies

 <https://www.thebartfoundation.org/>

Brain Injury Association of America

 (800) 444-6443

 <https://www.biausa.org/>


Brain Trauma Foundation


 <https://www.braintrauma.org/>

Brainline

 <https://www.brainline.org/>

Caregiver Action Network


 (855) 227-3640


 <https://caregiveraction.org/>

CDC – Traumatic Brain Injury


 <https://www.cdc.gov/TraumaticBrainInjury/>

Family Caregiver Alliance


 (800) 445-8106

 <https://www.caregiver.org/>


Finding Balance Together

 <https://www.findingbalancetogether.org/>

Guidebook for Psychologists: Working with Clients with Traumatic Brain Injury

 https://tirr.memorialhermann.org/uploadedFiles/_Library/Childrens/Psych_TBI_Manual_FINAL_129.pdf

HELPS Screening Tool

 <https://www.nashia.org/pdf/hotopics/pa-helps-screening-tool.pdf>


Learning Services

 <https://learningservices.com/resources/brain-injury-resources/>

Managing Fatigue After Brain Injury

 <https://www.headway.org.uk/media/3995/managing-fatigue-e-booklet.pdf>


Mayo Clinic – TBI

 <https://www.mayoclinic.org/diseases-conditions/traumatic-brain-injury/symptoms-causes/syc-20378557>


Model Systems Knowledge Translation Center

 <https://msktc.org/tbi/tbi-resources>


Ohio State University Traumatic Brain Injury Identification Method

 <http://www.nchv.org/images/uploads/B2%20-%20Edmonston%20Handout.pdf>


Pacing & Planning PowerPoint

 <http://braininjuryhelp.ca/wp-content/uploads/2014/12/Pacing-and-Planning-with-Becky-Moran.pdf>

Pacing Points System

 <https://wholeintheheadblog.files.wordpress.com/2015/07/pacing-points-system-filled-in-2-1-1.docx>


Project LEARNet

 http://www.projectlearnet.org/for_teachers.html


Traumatic Brain Injury Survival Guide

 www.tbiguide.com

Traumatic Brain Injury

 <http://www.traumaticbraininjury.com/>


TryMunity

 <http://www.trymunity.com/>


Understanding Brain Injury: A Guide for Employers

 https://www.brainline.org/sites/default/files/A_GuideforEmployers_English.pdf



Understanding Brain Injury: A Guide for the Family

 <http://biaw.org/wp-content/uploads/2015/03/Mayo-Clinic-Understanding-Brain-Injury.pdf>

Understanding Pediatric Brain Injury: A Guide for Parents and Teachers

 <https://www.biav.net/wp-content/uploads/2019/04/2017.0817-Mayo-Guide-to-Pediatric-Brain-Injury.pdf>

United States Brain Injury Alliance

 (703) 960-6500
 <https://usbia.org/>


Employment

Department of Vocational Rehabilitation

Provides vocational guidance, training, and job seeking assistance for residents with disabilities

 1802 Appleton Road, Menasha


 (920) 997-3272 TTY: (920) 832-2756


 <https://dwd.wisconsin.gov/dvr/>

Employment Resources, Inc.

Provides employment and benefit counseling services to residents with disabilities

 2701 International Ln., Suite 210, Madison


 (608) 246-3444

 <https://eri-wi.org/>

Wisconsin Equal Employment Opportunity Commission

Provides information about discrimination, disability, or age

 310 West Wisconsin Ave., Suite 500, Milwaukee


 (414) 297-1111


 <https://www.eeoc.gov/field/milwaukee/>

Food Assistance

St. Joseph Food Program

Distributes food to those in need

 1465A Opportunity Way, Menasha


 (920) 734-9461

 www.stjoesfoodprogram.org

Salvation Army Food Pantry

Distributes food to those in need


 130 E. North St., Appleton


 (920) 73343324

Health Care Providers

Donated Dental Services

Provides dental care to residents with permanent disabilities, chronic illness, and low income residents over 65


 (866) 812-9840

 www.wda.org

Fox Valley Hearing Center, Inc.

Audiology provider

 W3124 Van Roy Rd., Appleton


 (920) 2675448


 www.foxcalleyhearingcenter.com

Medical College of Wisconsin – Brain Injury Program

Provides comprehensive, continuous care to patients with brain injuries. Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

 9200 W. Wisconsin Ave., Milwaukee


 (414) 805-5400

 <https://www.mcw.edu/departments/neurosurgery/patient-care/adult-programs-and-specialties/brain-injury>

Neuroscience Group

Neurology, neurosurgery, orthopedic spine surgery, and pain management provider


 1305 W. American Dr., Neenah


 (920) 725-9373

 www.neurosciencegroup.com

Northeast Regional Center for Children and Youth with Special Health Care Needs

Provides family support and referrals for children with special needs


 325 N. Commercial St., Neenah


 (877) 568-5205

 www.northeastregionalcenter.org

Partnership Community Health Center

Provides medical, behavioral, and dental health care to low income residents. Offers insurance education and enrollment assistance

 2999 W. Spencer St., Appleton

 (920) 882-6420

 www.partnershipchc.org

Homelessness Resources


Community Outreach Temporary Services (COTS)

Provides transitional housing

 1003 W. College Ave., Appleton (women)

 819 S. West Ave., Appleton (men)


 819 S. West Ave., Appleton (young adult)


 (920) 734-3609


 www.appletoncots.org


Pillars

Provides homeless and housing-related resources, services, and shelter

 129 S. Mason St., Appleton (resources)

 192 W. College Ave., Appleton (adult shelter)

 400 N. Division St., Appleton (adult & family shelter)


 (920) 734-9192


 www.pillarsinc.org

Project Home of Salvation Army

Provides transitional housing


 105 S. Badger Ave., Appleton


 (920) 734-3324

 www.safoxcities.org

Salvation Army

Provides shelter, food and clothing vouchers, counseling, and access to legal aid, etc.

 130 E. North St., Appleton

 (920) 734-3324


 www.safoxcities.org


Housing

Fair Housing Center of Northeast Wisconsin

Offers housing assistance advocacy, counseling, education, and referral


 4321 W. College Ave., Ste. 200, Appleton


 (920) 560-4620

 www.fairhousingwisconsin.com

Wisconsin Home Energy Assistance Program (WHEAP)


Offers heating assistance, energy conservation, and budgeting counseling


 420 Longview Dr. Appleton

 (866) 432-8947

 <https://www.benefits.gov/benefit/1397>

Wisconsin Housing Search

 (877) 428-8844

 <http://wihousingsearch.org/>

Insurance


Medicaid

Provides medical coverage for low-income adults and children

 www.dhs.wisconsin.gov/medicaid

Medicare


Medical coverage for older adults 65+ years of age


 (800) 633-4227

 <https://www.medicare.gov/>

Medigap Helpline


Provides Medigap and Medicare supplemental insurance information


 (800) 242-1060

 <https://www.dhs.wisconsin.gov/aging/medigap.htm>


Tricare


Offers health benefits for service members, retired veterans, and dependents


 (877) 874-2273

 <https://tricare.mil/>

Wisconsin Health Insurance Risk Sharing Program


 1402 Pankratz St., Suite 111, Madison


 (800) 828-4777

 <http://longtermcare.wi.gov/sublink.asp?linksubcat2id=1992>

Wisconsin Office of the Commissioner of Insurance


 125 S. Webster St., Madison


 (608) 266-3585

 <https://oci.wi.gov/Pages/Homepage.aspx>

Legal


Lawyer Referral and Information


 (800) 362-9082


 <https://www.wisbar.org/forpublic/incedalawyer/pages/lris.aspx>

Legal Action of Wisconsin - Calumet

P


 201 W. Walnut St., Ste 203, Green Bay


 (920) 432-4645

 www.legalaction.org/contact-us/green-bay-area-office

Legal Action of Wisconsin – Outagamie & Winnebago

P

 404 N. Main St., Ste. 702, Oshkosh

 (920) 233-6521


 www.legalaction.org/contact-us/oshkosh-area-office

Mental Health

Catalpa Health

Provides mental health services and group therapy to youth with disabilities


 444 N. Westhill Blvd., Appleton


 (920) 750-7000

 www.catalpahealth.com

NAMI Fox Valley

Provides advocacy, education, and support to residents with brain disorders and mental illness


 211 E. Franklin St., Appleton

 (920) 954-1550

 www.namifoxvalley.org

Rehabilitation & Support Services


Center for NeuroSkills


 (800) 922-4994


 <https://www.neuroskills.com/>

Learning RX

Provides brain training to improve or restore cognitive & functional ability

 N474 Eisenhower Dr., Appleton


 (920) 882-2006


 <https://www.learningrx.com/appleton/>

Options for Independent Living

Provides home adaptations and medical equipment loan closet

 2331 E. Lourdes Dr., Appleton


 (920) 997-999

 www.optionsil.com

Outagamie County Housing Authority

Assists county residents in meeting their housing needs

 218 E. Randall St., Appleton


 (920) 734-5596 ext. 105


 www.outagamiehousing.us

Rebuilding Together Fox Valley

Repairs and rehabilitates homes for low income older and disabled homeowners

 1800 Appleton Rd., Menasha


 (920) 730-2456


 www.rtfv.org

Winnebago County Housing Authority

Assists county residents in meeting their housing needs


 600 Merritt Ave., Oshkosh


 (920) 424-1450

 www.ohawcha.org

Resource Connection


Brain Injury Alliance- Wisconsin

 (800) 882-9282

 <http://biaw.org/>


Brain Injury Resource Center of Wisconsin

 511 Grand Ave., Waukesha

 (262) 770-4882


 <https://www.bircofwi.org/>

Disability.gov

 <https://www.dol.gov/odep/topics/disability.htm>

Independence First

 540 1st St., Milwaukee

 (414) 291-7520


 <https://www.independencefirst.org/home>


Wisconsin Department of Health Services

 <https://www.dhs.wisconsin.gov/guide/tbi.htm>

Wisconsin Guardianship Support Center


 1414 MacArthur Rd., Suite A, Madison


 (855) 409-9410


 <https://gwaar.org/guardianship-resources>


Support Groups

Alcoholics Anonymous (AA)


 1528 N. Ballard Rd., Appleton

 (920) 997-0221


 (920) 731-4331 (hotline)

 <http://foxvalleyaa.org/meetings.html>


Fox Cities Brain Injury Support Group


 <https://www.facebook.com/groups/1744220115797512>

Parents of Children with Brain Injuries Support Group


 <https://www.facebook.com/groups/ParentsofChildrenwithBrainInjuries>

Narcotics Anonymous (NA)


 (866) 635-2254

 <https://wisconsinna.org/>

Brain Injury Support Group

 St. Elizabeth Hospital

 1506 S. Oneida St., Appleton

 (920) 731-9831 ext. 113


 <https://www.tbifoxcities.com/services/support-groups/>

Technology Applications for Brain Injury

Constant Therapy

Constant Therapy is an award-winning speech therapy app designed to help people cope with aphasia, dementia and other speech, language and cognitive disorders caused by stroke or traumatic brain injuries.

\$ 25/month OR \$250/year

 <https://thelearningcorp.com/constant-therapy/>

Symptom Tracking Application for Concussion (S.T.A.C.)

This app effectively and objectively tracks symptoms of a concussion using the SCAT3 symptom checklist.

\$ Free

 <https://www.mcw.edu/departments/neurosurgery/research/brain-injury-research-program>

BEST Connections


BEST is dedicated to providing free and low-cost solutions for people struggling with day-to-day cognitive challenges resulting from brain injury and other medical conditions and those that support them. Our solutions help to improve productivity and increase independence.

\$ Free - \$15

 <https://bestconnections.org/>


Transportation


Angel Flight Central

 (866) 569-9464

 <https://angelflightcentral.org/>

The Connector/Valley Transit II


 801 S. Whitman Ave., Appleton

 (920) 832-5789

 www.myvalleytransit.com

Kobussen

Provides rural transportation for Outagamie County disabled and residents 60 years or older


 (920) 766-0606


 <http://www.kobussen.com/transitServices.html>


Make the Ride Happen

Provides transportation information and assistance for adults with disabilities and seniors

 3003A N. Richmond St., Appleton


 (920) 225-1719

 (888) 200-0576


 <https://www.lsswis.org/LSS/Programs-Services/Senior-Living/Transportation>


New London Transit

Provides transportation to residents with a disability and/or over 60 years within city limits of New London

 (920) 982-8523


Non-Emergency Medical Transport

 (866) 907-1493

 <https://www.mtm-inc.net/wisconsin/>

Oneida Public Transit


Provides transportation services


 (920) 496-5570

Transportation Options

 <http://www.outagamie.org/Home/ShowDocument?id=5192>

Valley Transit

 801 S. Whitman Ave., Appleton


 (920) 832-5800


 www.myvalleytransit.com


Veterans Services

Calumet County Veterans Services


Serves veterans seeking benefits

 206 Court St., Chilton

 (920) 849-1452

 <http://www.co.calumet.wi.us/index.aspx?NID=230>


Defense and Veterans Brain Injury Center


 (800) 870-9244

 <https://dvbic.dcoe.mil/tbi-military>

Outagamie County Veterans Services


Serves veterans seeking benefits


 320 S. Walnut St., Appleton


 (920) 832-5697

 <https://www.outagamie.org/government/n-through-z/veterans-services>

Waupaca County


 811 Harding St., Waupaca

 (715) 258-6475

 http://www.co.waupaca.wi.us/departments/veterans_service_office/index.php

Winnebago County

 211 N. Commercial St., Neenah

 (920) 729-4820

 <https://www.co.winnebago.wi.us/veterans/services>